



Vol. XXVI, Issue 20

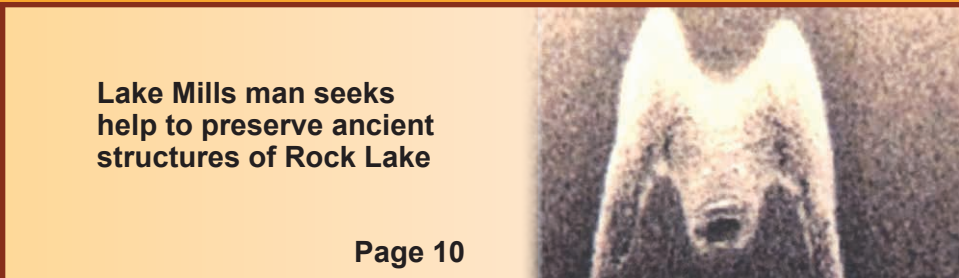
Ca Ma Hinaḡo wira | Deer Pawing Moon

October 25, 2013



Local veteran feature  
in VA documentary

Page 6



Lake Mills man seeks  
help to preserve ancient  
structures of Rock Lake

Page 10

# Ho-Chunk Nation partners with Badger Honor Flight to take veterans to see their memorials in Washington D.C.

Marlon WhiteEagle  
Editor

On October 19, 2013, the Badger Honor Flight made its 13th trip to Washington D.C. to take veterans to see their war memorials. The Ho-Chunk Nation has sponsored and partnered with the Badger Honor Flight for several years now. The Ho-Chunk nation made a \$20,000.00 donation for the 2014 Badger Honor Flight.

This year's Badger Honor Flight took 87 veterans and 74 guardians to Washington D.C. Two veterans passed away before they received the call to fly on October 19. There were 23 WWII veterans, 56 Korean War veterans, 1 from both WWII and Korea, 1 from both WWII and Vietnam, 2 from Vietnam, and 1 from WWII, Korea, and Vietnam. There were two females, and Myrle Thompson, Ho-Chunk tribal member and Air Force veteran, was one of them.

Badger Honor Flight has made 13 trips to Washington D.C., for a total of 700 veterans and 600 guardians,

in 29 bus loads.

Ho-Chunk Nation participants included: Badger Honor Flight participant, Myrle Thompson; Thompson's flight guardian and granddaughter, Nora Young; Ho-Chunk Nation President, Jon Greendeer; Public Relations Specialist, Michelle Ramberg; Ho-Chunk Gaming Wisconsin Dells Marketing, Nehomah Thundercloud; Ho-Chunk Gaming Black River Falls Marketing, Tris Harris; Ho-Chunk Gaming Madison, Rikki Blair; Heritage Preservation Executive Director, Robert Mann, Ho-Chunk tribal member and Marine Corps veteran, Ken Mc Andrew.

The Ho-Chunk Nation participants' day started at 3:15 a.m., when the shuttle bus departed for Dane County Regional Airport. Ho-Chunk Gaming Wisconsin Dells provided a shuttle bus and driver for transportation to and from the airport.

Badger Honor Flight staff and volunteers, and other military organizations greeted all the participants for the October 19, 2013 flight with a good morning, words of thank you for their service, and with heartfelt handshakes and hugs.

A welcome address was made by Badger Honor Flight Board of Directors President, Brian Ziegler. Ziegler gave an introduction and a brief on the day's events. He also introduced Major General Donald Dunbar, who commands the Wisconsin Army and Air National Guard, who spoke to the veterans.

Ziegler also introduced Ho-Chunk Nation President, Jon Greendeer. Greendeer addressed the veterans and made the presentation of the donation to the Badger Honor Flight. The Thundercloud singers were there to render a Ho-Chunk Flag song.

Badger Honor Flight participants received a red jack-



Ho-Chunk Nation President, Jon Greendeer, and Public Relations Specialist, Michelle Ramberg, present a donation to Badger Honor Flight Board of Directors President, Brian Ziegler.

et and cap to wear during the trip. Guardians, staff, and VIPs received blue jackets and caps. All the jackets had the Great Seal of the Ho-Chunk Nation on the right side of the chest. All the caps had Ho-Chunk Nation People of the Big Voice on the left side and Ho-Chunk Gaming Wisconsin on the right side.

Upon arrival at Reagan National Airport, again, the Badger Honor Flight veterans greeted with a hero's welcome. The West Point Alumni Glee Club was on hand to sing song and celebrate the arrival. Several local and regional princesses and military organizations were on hand to greet the veterans.

The Badger Honor Flight group was loaded into four buses that would transport us from each memorial. The buses received a police escort around town.

The first stop was the Arlington National Cemetery, where over 300,000 military members are buried. It's also where a few U.S. Presidents, Supreme

Court Justices, and Senators. The Tomb of the Unknown Soldiers is housed near the Arlington Memorial Amphitheater. The veterans watched the changing of the guard at the Tomb of the Unknown Soldier. It was a time of reflection, as silence was observed. All you can hear is the movements of the guard on duty. He would march 21 steps across and in front of the tomb. Perform a right or left face depending which side of the tomb his was on to face east, hold it his position for 21 seconds, and perform another right or left face to turn back. Then he'd move from left or right shoulder arms to keep his rifle on the side away from the tomb. He'd do this until the next guard took over.

The next stop was the Marine Corps War Memorial. It is also called the Iwo Jima Memorial, because it features the second flag rising at Mount Suribachi during the Battle of Iwo Jima of World War II. Five Marines and a Navy Corpsman; one of which is Private First Class Ira Hayes, a Gila Riv-

er Pima, were photographed by Associated Press photographer, Joe Rosenthal. The photo became iconic.

The Badger Honor Flight uses this stop for their group photo. All the veterans gather to record their participation in the honor flight. A box lunch was served. Everyone found a spot on the

Continued on Page 8



## INSIDE SCOOP...

Letter / Notices	Page 2
Health	Page 3
News	Page 4-7
Honor Flight	Page 8-9
Artifacts	Page 10-11
Notices	Page 12-15
Announcements	Page 15
Gaming	Page 16

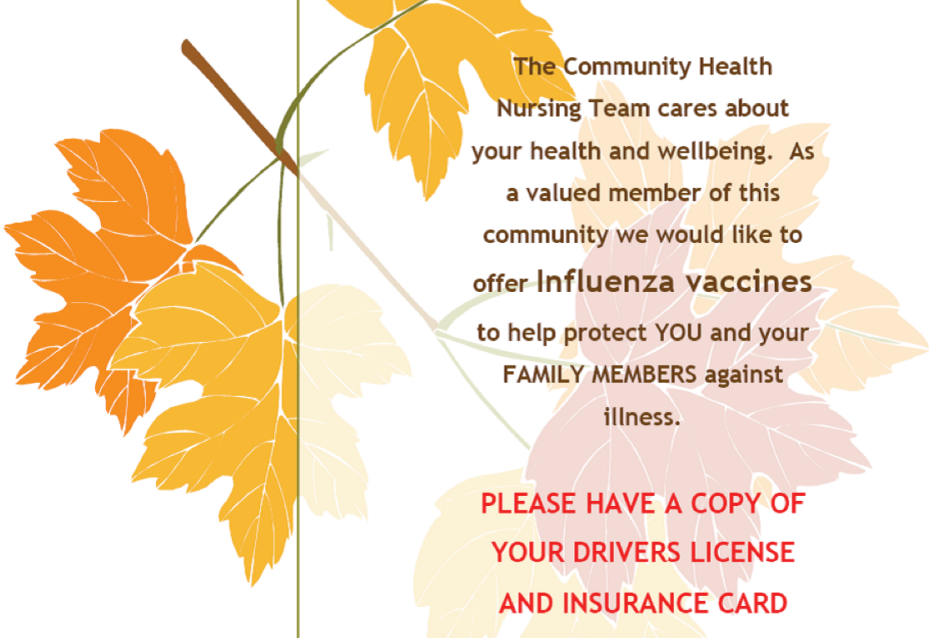
Want something special placed in the Hocak Worak? Limited space is available so send your request in early. Submissions will be handled on a first come first serve basis.

Standard Mail  
U.S. Postage Paid  
Permit No. 203  
Eau Claire, WI

HOC AK WORAK NEWSPAPER  
P.O. BOX 667  
BLACK RIVER FALLS, WI 54615

HOC AK WORAK NEWSPAPER  
TEL: (800) 472-3089 FAX: (715) 284-7852  
Please notify the Newspaper of  
any address changes or corrections





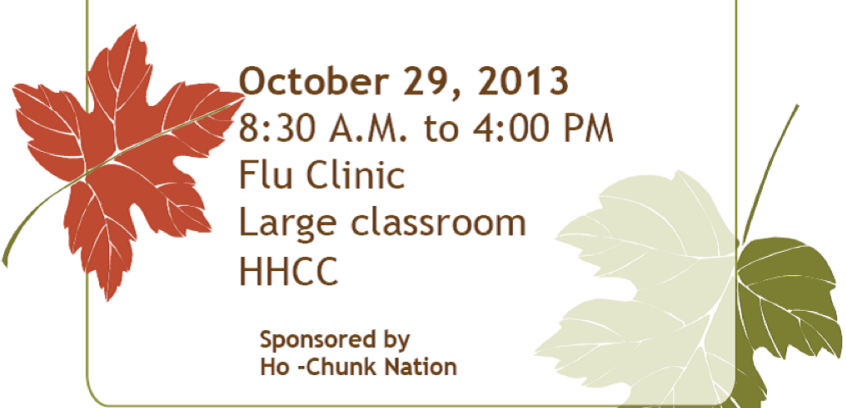
The Community Health Nursing Team cares about your health and wellbeing. As a valued member of this community we would like to offer **Influenza vaccines** to help protect YOU and your **FAMILY MEMBERS** against illness.

**PLEASE HAVE A COPY OF YOUR DRIVERS LICENSE AND INSURANCE CARD**

# INFLUENZA VACCINES

**October 29, 2013**  
8:30 A.M. to 4:00 PM  
Flu Clinic  
Large classroom  
HHCC

Sponsored by  
Ho -Chunk Nation



# Thursday, October 31st

**1:00 PM**

## HO-CHUNK NATION TOB

# HALLOWEEN

**PARTY**

**COSTUME CONTEST** INDIVIDUAL & GROUP DEPARTMENT  
**SINGLE PERSON SCAVENGER HUNT**  
**HALLOWEEN TRIVIA CONTEST**  
Trivia contest - 5 TEAMS of 5 (Only 5 teams allowed, register ASAP)  
**DEPARTMENT DOOR DECORATING CONTEST... 3 Plates**  
*Cash Prizes!*  
**PUMPKIN CONTEST**  
Scariest  
Painted  
Dressed up



*Cake & Punch*

Details: Dana Pettibone ext. 1098 Trivia Details: Andrea McCluskey ext. 1225

## Winnebago Cookbook

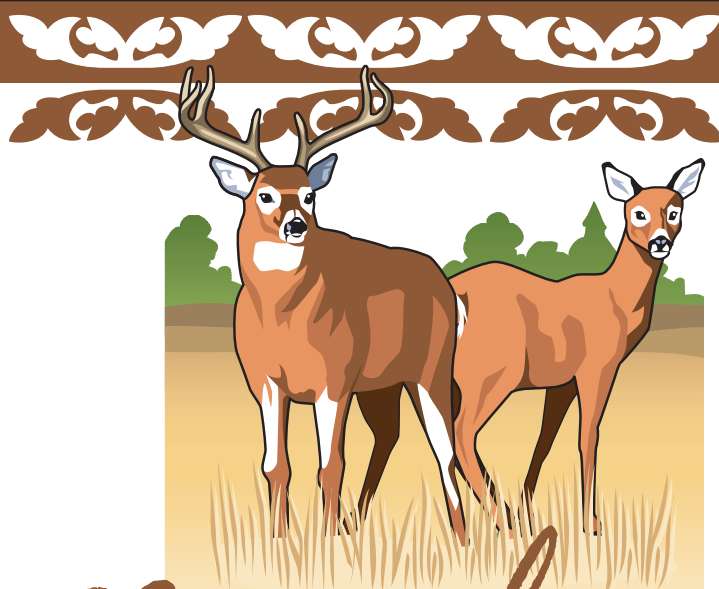
Information provided by Howard McKee, elder of the Native American Church.

The Native American Church was organized under the following leadership:  
John Rave and his 12 "Disciples": John Baptiste, Willie Bird, Late Rave, Harry Rave, Albert Hensley, Joe

Brown, Lawrence Smith, Turner Rave, Peter Rave Sr., Oliver LaMere, Jesse Clay, and Harne Chase, ...

After a successful beginning, the church was incorporated in 1921.

*Thanks,  
Pat Greyhair  
Maxi ska gah*



# November Elders Birthdays

1 Dawn Littlejohn	14 Barbara Schaub
2 Ruth Whitehorse Burns	Lindley Thompson Jr.
3 Roger Garlow	15 Lois Lonetree
4 Michael La Mere	17 Margaret Pardini
Gertrude Rusu	Shirley Petersen
Carol Rockman	Jo Ann Maney
Georgia Oltman	18 Mary Jo Brooks
7 Leona Davenport	19 Marilyn Vasquez
Earl Topping	20 Gail Funmaker
Kirk Matcha	21 Robert Yellowbank
8 Carol Riese	Robert Mudd
9 Stanley Blackdeer	22 Errol Whitewing
Sandra Sue Lanier	23 Martin Yellowbank
Sandra Winneshiek	24 Elena Greendeer
10 Thomas Hopinkah	Elizabeth Houle
Delphine Blackcoon	25 Louise Redcloud
Byron Lonetree	Mary Anwash
11 Charlotte Tipton	27 Sharyn Whiterabbit
Rosetta Rae Hunt	28 Myrtle Long
13 Tennyson De Cora	Joseph Gleason
	30 Alvin Rockman



HO-CHUNK NATION DEPARTMENT OF SOCIAL SERVICES  
DIVISIONS:  
Youth Services • Child and Family Services  
Community Support Services • Tribal Aging  
Child Support Enforcement

### SOCIAL SERVICES – CFS

### WE NEED YOUR HELP

### HO-CHUNK CHILDREN

Need placement now

For HCN Children ages Birth to 14 years and,  
For Siblings groups that must remain together

Placement families are needed who can provide a safe, secure and stable environment

Placement parenting can be both rewarding and challenging, yet make a life-long positive impact on the placement parents, children and young.

PLEASE CONTACT US:  
CALL: Myrna or Karen at 715-284-2622  
FAX: 715-284-0097  
TOLL FREE: 1-800-343-8190

PO Box 40, 808 Red Iron Rd., Black River Falls, WI 54615  
Ph. 715-284-2622 Toll Free 1-888-343-8190  
Child and Family Services Intake Number:  
715-284-7749 Toll Free 1-855-659-8820  
[www.ho-chunknation.com](http://www.ho-chunknation.com)



# Zumba classes extended at the House of Wellness

Submitted by the House of Wellness

Erika Gerhardt Obois is an AFFA certified group fitness instructor, licensed in Zumba® and its specialties: Aqua Zumba®, Zumba Toning®, Zumba Gold® and Zumba Kids®. She has been licensed for 3 years, teaching at House of Wellness for two.

Although Obois has a life-long love of movement and was formerly a distance and ultra distance runner, having once gained 70 lbs during her second pregnancy, she appreciates the body’s capacity to rise to many occasions.

“I am a humbled to lead Zumba® with participants ranging in age 17 to 78--all attending the same class. It is a fitness where we can all celebrate find our own pace, simply, safely and joyfully together, starting just where we are at in life.”

Erika fell in love with Zumba® and sought certification within months of her first exposure. Erika has completed two Boston marathons and numerous ultra distances, including the Badwater Ultra

marathon, a 135 mile foot race across Death Valley.

Spurred by this new passion for group fitness, Obois recently certified in R.I.P.P.E.D.®, “the one stop body shock.” She is also finishing certification in Les Mills Body Pump®, the original and internationally recognized barbell weights class for men and women that promotes building muscle and bone density with high repetitions and lower weights.

“I personally invite you to come and try class. Zumba® is truly is a fitness party, and I look forward to meeting you.

DEMO CLASSES with Erika NOW HERE:

SEPTEMBER: Les Mills Body Pump® ~

“The original music-driven weights class for men & women that builds strength, tones & challenges every time”

SUNDAY, SEPT 15, 6:30 PM - FREE class. Limited spaces available. Email me to reserve a spot. Classes @ Next Gear Fitness, 321 Water Street, Baraboo



Erika Obois teaching Zumba classes at the House of Wellness.

DEMOS WITH ERIKA, LATE-OCTOBER:  
R.I.P.P.E.D. “The One Stop Body Shock” [www.rippedplanet.com](http://www.rippedplanet.com)

**\*\*THANK YOU FOR PARTICIPATING\*\***  
2ND Annual ZUMBA® PARTY, American Cancer Society Benefit  
Saturday, Sept 7 10a.m. -11:30a.m. @ Marley’s, WI Dells/Lake Delton

Erika’s NEWEST COLUMN: “Partying at a Fitness Party” (9/7/2013)  
[http://www.wiscnews.com/baraboonewsrepublic/news/local/article\\_35f4eec6-ddea-5337-99db-f2873a37c710.html](http://www.wiscnews.com/baraboonewsrepublic/news/local/article_35f4eec6-ddea-5337-99db-f2873a37c710.html)

Erika Gerhardt Obois: ERIKAJ~GO FITNESS, LLC  
<https://www.facebook.com/pages/ERIKAJ-GO-FITNESS-LLC-Zumba-Classes-in-WI-Dells-Baraboo-Area-WI/284913301620201>

Email: [erikajgo@gmail](mailto:erikajgo@gmail) Business Cell/Text#: (608) 477-0439

# Hunter Fitness, Part 2

Kathleen Clemons, MS, RCEP, CDE

By the time this issue comes out you should have begun your training for hunting season. In this article, I will talk about training at a percentage of your maximal heart rate if you want to do this. It is very important though, that if you are on a medication called a beta blocker, you cannot use the formulas for target heart rates. Beta blockers slow your heart rate down. This helps the heart to not work so hard and can help bring blood pressure down (one of the reasons it is prescribed). In addition, if you have had heart problems or heart surgery, it is a common medication prescribed. Examples would be toprol, metoprolol, atenolol, propranolol, bystolic, etc. Ask your provider if you are not sure if you are on this medication. If you are, then your heart rate prescription will be rest plus 30 beats per minute. So, if your resting heart rate is 60, the target heart rate is 90 (rest plus the 30). Ask an exercise physiologist for clarification if needed.

**Cardiovascular exercise:** Focus on walking and hiking to get in shape for hunting. You will do moderate exercise 2-3 times a week at 55 to 65% of your maximal heart rate (for those not on beta blockers) for 30 to 45+ minutes. Use the small bouts of 10 or 15 min-

utes to meet the time goal if you still feel you need to.

How do you figure your heart rate zones? Take 220 minus your age and then multiply that by 55% and 65%. For example: A person’s age is 60. 220-60 = 160, what we assume the maximal heart rate is or the fastest it would beat. We only want to work at a percentage of that so 160 x 55% is 88 and 65% is 104. So for moderate exercise, we want the heart rate between 88 and 104.

On one or two separate days, you will begin some vigorous exercise. This can consist of pack walks with added weight or just adding some hills in your workout. Put 5 to 10 pounds of weight in a back pack and work at 65 to 85% of your maximal heart rate for 15 to 30 minutes. Again, the formula is 220 minus your age and then multiply by the percentages listed. So for the above person the vigorous heart rate zone would be 104 (65%) to 136 (85%).

Some people don’t want to use target heart rates and that is fine. You can always go by how you feel. Moderate exercise will raise your heart rate and breathing noticeably but not drastically. Vigorous exercise will cause the heart to beat hard and your breathing to increase noticeably.

**Strength training:** Two

days a week you will focus more on endurance training. You will do 1-3 sets of 15 to 20 reps. One time a week you will do 1-3 sets of 8-12 reps. Remember on strength training if you lose your form to complete an exercise, the weight is too heavy. Decrease the weight and do the exercise correctly. Contact one of your Exercise Physiologists for a program if needed.

**Flexibility:** Do a general stretching routine for your major muscle groups 3 to 5 times a week.

Please be sure to ask your doctor if it is safe for you to do vigorous exercise. If you have two or more risk factors for heart disease, speak to your doctor before starting. Risk factors include smoking, pre-diabetes or diabetes, high blood pressure, high cholesterol, overweight or obese, inactive, family history of heart disease and age (men 45 and over and women 55 and over). In addition, if you are on blood pressure or cholest-



terol medication, that is also a risk factor.

It is important to listen to your body and get help if you need to. If you are out hunting and you get chest pain or pressure, pain in your neck, jaw, upper back or down your arm, stop immediately and call for help. If you have diabetes, always carry a carbohydrate source with you in case of low blood sugar. Talk

to your doctor about reducing insulin doses or doses of certain oral medications (ex: glipizide) to prevent lows from occurring.

Please note that the Ho-Chunk Nation or its representatives are not responsible for any injuries or complications that may arise from your participation in this program. Participation is strictly voluntary and you assume all risk.

The Hocak Worak is a periodical published twice monthly by the Ho-Chunk Nation. Editorials and articles appearing in the Hocak Worak are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Hocak Worak staff or the Ho-Chunk Nation.

The Hocak Worak encourages the submission of letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The Hocak Worak reserves the right to reject any advertising, material, or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the Hocak Worak. The Hocak Worak will not assume any responsibility for unsolicited material.

Submissions deadlines for the Hocak Worak are by 4:30 PM. We cannot guarantee the publication of submissions meeting these deadlines if the space is not available. No part of this publication may be produced without express written consent from the Editor.

**EDITOR** .....Marlon WhiteEagle  
**STAFF WRITER** .....Sherman Funmaker  
**STAFF WRITER** .....Ken Luchterhand  
**Administrative Assistant** ....Anna Reichenbach

The Hocak Worak is a member of:  
**The Native American Journalist Association**

**HOCAK WORAK NEWSLETTER**  
P.O. Box 667  
Black River Falls, WI 54615  
• **PHONE:** (800) 472-3089  
• **FAX:** (715) 284-7852  
• **ONLINE:**  
[www.ho-chunknation.com](http://www.ho-chunknation.com)  
[www.hocakworak.com](http://www.hocakworak.com)

**NAJA**

**Attention: The Next Deadline of the Hocak Worak will be Nov. 8th which will be published on Nov. 15th. Please contact Enrollment at ext. 1015 if you have a change of address or would like to be placed on the mailing list.**



# Domestic Violence Awareness Month

Sherman Funmaker  
Staff Writer

On Thursday October 17th 2013, the Ho-Chunk Nations Domestic Abuse Program sponsored a walk at the House of Wellness to raise awareness and to show support of this program.

They are a division under the Department of Social Services the division is responsible for the event, the walks are a goal they must achieve under the Office of Violence against Women (OVW) grant that they were awarded October 2012, they must have 3 walks in April for Sexual Assault awareness month and 3 in October for Domestic Abuse awareness month. The program alternates within the state so that all areas have at least one walk per year.

Some 100 volunteers from around Wisconsin Dells and Baraboo area signed up to walk and show their support.

The philosophy of the Ho-Chunk Nation Domestic Abuse Program is that tribal members and their families deserve to live in a non-violent and non-threatening environment. They believe that people have the right to be treated with dignity and respect.

The Ho-Chunk Nation Domestic Abuse Program is committed to zero-tolerance from abuse of any kind. They are dedicated to the empowerment of survivors and their children, to feel safe within their homes and begin to lead a healthy lifestyle. The pro-

gram works to eliminate violence by increasing community awareness and promote a safe home, workplace and our communities. They also offer support services to domestic abuse victims and their families.

This program supports Native American ages 18 to 59 who reside in the 15 Wisconsin county service areas.

Native American women experience the highest rate of violence of any group in the United States. A report released by the Department of Justice, American Indians and Crime, found that Native American women suffer violent crime at a rate three and a half times greater than the national average. National researchers estimate that this number is actually much higher than has been captured by statistics; according to the Department of Justice over 70% of sexual assaults are never reported.

As women of color, Native Americans experience not only sexual violence, but also institutionalized racism. Research has found a high level of tension between law enforcement and Native American women, who report numerous encounters where the police treated the women as if they were not telling the truth.

According the National Organization of Women, Native American women also stand a high risk of losing their children in instances of physical and sexual abuse. The

women often will stay with abusive husbands in order to keep their children. In one case, a woman was beaten by her husband so badly that he broke bones and she was forced to seek refuge in a domestic abuse shelter.

The husband, through support of his tribe, was able to gain custody of their two children. He continued his violent behavior, at one point, throwing their two-year-old child across the room. The woman was never able to regain custody.

In addition to domestic abuse, Native American women also experience the highest levels of sexual and domestic abuse of any group. A report from the American Indian Women's Chemical Health Project found that three-fourths of Native American women have experienced some type of sexual assault in their lives. However, most remain silent due to cultural barriers, a high level of mistrust for white dominated agencies, fear of familial alienation, and a history of inactivity by state and tribal agencies to prosecute crimes committed against them.

Services provided by the Ho-Chunk Nation's Domestic Abuse Program are supportive listening, domestic abuse education, support groups, community education, referral resources, shelter assistance, transportation, legal advocacy (information and referral), safety planning and work-shops.



House of Wellness staff members Kristen McDaniel, Annie Bender, Allie Isaacson and Deb Vanthournout participate in the walk.



Signs lined the walk around the House of Wellness.

# A Ho-Chunk elder tells her story

Sherman Funmaker  
Staff Writer

We all have a story. We may not think so, but when we sit down and talk to someone about where we have been and how we got here today it always seems to end up a story...our story. And they always turn out to be interesting.

We may think it nothing but it speaks volumes of our lives, our past and our future.

Verna Mary (Lorie) Hopinkah Reider was shy at first but as we spoke she opened up and talked about a life which is not so different than many other Ho-Chunk people from her era. Raised in Black River Falls by her grandmother Alice Blackdeer Hopinkah, she and her sister Judith Ann Thundercloud were taught to speak the Ho-Chunk language.

And the Ho-Chunk language has been a part of her life since then.

Today she teaches language at the House of Wellness Youth and Learning Center and also fills in teaching a class at the casino twice a week.

Earlier this year she signed up for Community Elder project, where tribal elders are put to work for 20 hours a week and they found her the teaching job filling in for a teacher who is on temporary leave.

"We had to speak Ho-Chunk at home growing up

and at school we spoke English. The teachers broke up my sister and me because we were talking Ho-Chunk and we would laugh and carry on. I think they thought we were talking about them behind their backs or something." Lorie said.

She spent most of her youth in the Black River Falls area.

After graduating from high school she did a number of jobs. She was a waitress for a while and she said that she wasn't real good at that because she kept forgetting the people's orders.

"One day my boss asked me to come to his office. I went in and he said how good I looked and what a good job I was doing and how I was so friendly and then he said...so we are giving you a two week notice. I guess there is more to it than looking good." she laughed.

She ended up going to work for the IBM Corporation and was there until she retired after years of service.

"I always liked the thought of being a nurse so after I retired from working for IBM in Minnesota I went to nursing school in Rochester" Lorie said.

She turned out to be a cardiac nurse and said she would still love to do that but because of her age it may not work out.

She moved to Oklahoma where she continued her nurs-

ing career and was there until she retired.

She said how she would come back to Wisconsin for pow-wows and family visits and would love to visit and speak Ho-Chunk to her relatives. She always loved that about coming home.

"Speaking Ho-Chunk would be the best part of coming home and seeing everyone. I would come back and dance and catch up with my relatives." She said.

While there in Oklahoma she had a friend that asked her to come to church with her. She ended up going to church and soon found herself seeking a Christian life.

"I wanted to know if God was real so I asked Him to show me and boy, did He show me." Lorie said.

Lorie went to a bible school in Bixby, Oklahoma and soon was a part of the Morning Star All Nations Ministry in Oklahoma.

The Morning Star Ministry is run by two native pastors, Negiel Big Pond and Dr. Jay Swallow.

That is where she received most of her training in the Gospel field.

Lorie accepted the Lord and was ordained in 2008.

"I had to show the pastors that I had the learning and the patience and the love to go out into the gospel field. I trained under those ministers and proved my faithfulness



Speaker, teacher and Christian, Lorie Reider.

and balance. I learned to pray using the Word and that is what I loved doing. Ministering to our people and to everyone that I can." She said.

She has spoken in several churches in South Dakota and also has ties to a ministry in Canada.

She talked of one of the highlights of her life, her visit to Israel several years ago.

"I went with a group of about a dozen and it was so wonderful to see all the places that Jesus walked. It was more than what I expected. It was really something to see all those places. I think my favorite place was the Sea of Galilee. I think that the native people are some-

how aligned with the Jewish people. I think we are similar in our histories. I was happy to go there and learn what I learned." Lorie added.

She enjoys her time teaching and counts it a privilege to be able to not only speak the Ho-Chunk language but to be able to teach it the people she cares so much about. Her life is surrounded by many good things. She has kids and grandkids and is able to spend time with them and with her constant growth in the ministry she has been able to travel and speak about the things that she holds dear...her language and her God.



# Ho-Chunk Gaming Nekoosa's Pulse Pounding Poker Tournament raises funds for Foundation of Ministry Saint Joseph's Hospital

Submitted by Lynette LeGarde, Ho-Chunk Gaming Nekoosa/Senior Manager-Public Relations

Ho-Chunk Gaming Nekoosa held The 3rd Annual Pulse Pounding Poker Tournament on Saturday, September 28-29, 2013. Forty players entered the tournament which included 4 guest celebrities: Chad Halloway from Ante Up Magazine, as well as on-air personalities Panama Jack (103.3 WGLX), Bryan Scott (101.9 WDEZ) and Kim Carr (HOT 96.7). The celebrities had \$200 bounties placed on their head that were paid to the player who eliminated them. Players of the tournament competed for the \$5000.00 first place, a commemorative poker bracelet and their name on the Pulse Pounding Poker Tournament Plaque in the Ho-Chunk Gaming Nekoosa Poker Room.

The Tournament was originally started in honor of a long time table games employee, Kevin Abbott, who passed away due to heart failure. Adam Estes,

Ho-Chunk Gaming Nekoosa Table Games Manager stated, "The Pulse Pounding Poker Tournament is a special event because it allows us to honor and remember a co-worker, Kevin Abbott. In addition, we are able to raise some money and help out others in our local community. We strive to make this annual event (that is always held the last weekend in September) bigger and better every year. Our initial numbers the first 3 years have only had the tournament at about 30% player capacity. We want to increase that number and fill it to capacity with 150 players."

Promise Bakken, Ho-Chunk Gaming Nekoosa Advertising Manager stated, "The Pulse Pounding Poker Tournament is a great event that benefits our local community. I was excited to have Panama Jack, Chad Halloway, Brian Scott and Kim Carr as celebrity guests this year."

The fundraiser accumulated \$1,800.00 for The Foundation of Ministry Saint Joseph's Hospital. The winner, Miro-



(L-R) Lynette LeGarde, HCG-Nekoosa/Senior Manager-PR, Lilee Pederson, Event & Volunteer Services Coordinator/Foundation of St. Joseph's Hospital, Adam Estes, HCG-Nekoosa/Table Games Manager.

slav Semanisin of Wisconsin Dells generously donated an additional \$100 for the charity. The money will be used

for the Heart Services/Cardiac Support and Diabetes Program. The 4th Annual Pulse Pounding Poker Tournament

is scheduled for September 27-28, 2014 at Ho-Chunk Gaming Nekoosa.

## Law Day 2013

Marlon WhiteEagle  
Editor

October 3 - 4, 2013, the Ho-Chunk Nation Judiciary Branch held its annual Law Day event at the Ho-Chunk Nation Courthouse, Wa Ehi Hoci. This year, the presentations focused on Adult Guardianship and Adult-at-Risk Ordinances.

Law Day is a community education effort to inform the public about the laws of the Ho-Chunk Nation, and serves as continuing legal education for legal professionals. It's also held concurrently with the Wisconsin Tribal Judges Association annual meeting.

Law Day 2013 kicked off with the annual golf outing at Skyline Golf Course at 9 am. The non-golfers took a tour of the Ho-Chunk Nation facilities.

Ho-Chunk Nation Trial Court Associate Judge Amanda WhiteEagle gave an introduction for this year's events. That was followed by a roundtable discussion about Adults Wards and Tradition & Custom.

Attorney Katherine Lindsay presented three sessions: Compare and Contrast Wisconsin Guardianship Code and the Ho-Chunk nation Guardianship Code, Compare and Contrast Wisconsin At-Risk Code and the Ho-Chunk Nation Adult At-Risk Code, and a Roundtable discussion: The Role of the Guardian ad Litem in adult proceedings.

After a day of training sessions, the attendees had a potluck dinner and went to play bingo together. Each Law Day participant received a match play for the casino and a \$10 off bingo.

The Wisconsin Tribal Judges Association held elections at their annual meeting on Friday during Law Day. The newly elected officials are: Amanda L. WhiteEagle, President; Eugene White-fish, Vice-President; Crystal Wiggins, Secretary/Treasurer; Mary Adams, At-Large Board Member.



Front (L to R): Judge Marianne Higgins, Judge Jean Webster, Judge Janice McLester, Judge Mary Adams, Judge Lois Powless, Judge Chris Cornelius. Back (L to R): Judicature Director David Armstrong, Judge Sandra Skenadore, Judge Jeryl Perenich, Judge James Mohr, Judge Leland Wigg-Ninham, Judge Candace Coury, Judge Eugene White-fish, Judge Jo Deen Lowe, Judge Amanda WhiteEagle, Judge Kathy Hughes, Judge Robert Collins, Judge Shannon Cobe, Judge Crystal Wiggins, Judge Winnifred Thomas.

## Judge dismisses Rockman case against Election Board

Ken Luchterhand  
Staff Writer

A challenge to the Ho-Chunk Election Board by Dr. Jeremy Rockman has been dismissed.

Pro Tem Trial Court Judge Paul Stenzel rendered the decision on October 18.

Rockman was challenging the Election Board's decision not to certify his election results because he had not finished Lay Advocacy training before the election results certification date.

Confusion over which elec-

tion needed to be challenged because the General Election was held on June 4 and the Primary Election was held on July 7, of which Rockman's name again appeared on the ballot, Judge Stenzel said.

Rockman received more than 50 percent in the Primary Election and his name appeared on the ballot in the General Election, to which he received 100 percent of the vote. Yet those victories would not be recognized by the Election Board because of a requirement for him to

become a member of the Ho-Chunk Bar. In order to do so, he needed to complete Lay Advocacy training.

Rockman had not done so by the time his votes were to be certified.

Judge Stenzel stated in his decision that Dr. Rockman's claim is not against the correct entity and he requests relief the Court cannot fairly or legally grant. Therefore the Court dismisses Dr. Rockman's claim.

On the other hand, if the action was viewed as an election

challenge, his claim was not filed in a timely manner.

"While Respondent (Dr. Rockman) has not prevailed in these proceedings, the Court takes a moment to share Dr. Rockman's frustration," Stenzel wrote.

"The Election Board certified Dr. Rockman as a candidate, he won two elections (convincingly) and then the Board essentially de-certified him as a candidate, even though the basis for de-certification was (or should have been) known to all before

March 5, 2013," Stenzel wrote.

"The purpose of vetting, examining and certifying candidates ahead of the primary is to avoid exactly the type of situation that arose in this case. Unfortunately, the law does not provide Dr. Rockman with the remedy he seeks," he wrote.

Rockman retains the right to appeal the decision and must do so with 60 days of Stenzel's decision.



# Local veteran feature in VA documentary

Ken Luchterhand  
Staff Writer

Brandon Winneshiek recently was treated like a movie star. People followed him around with movie cameras and recorded his every move.

No, he didn't take the leading role in the latest "Rambo" or "Terminator" film, but it was a pretty big deal, just the same.

He had one of the leading roles in the documentary for the U.S. Department of Veterans Affairs.

Veterans Affairs officials came to Black River Falls on Friday, October 25, along with a filming crew from Los Angeles.

"Veterans Affairs is going to being a new informational campaign to let veterans know about all the services that are available to them," said Olivia Sedustine, producer with Blue Three Productions of Los Angeles.

The documentary, named "360 Video," will feature veteran stories with extended interviews by one veteran from each region of the country. The project will be posted for

viewing on the Internet.

Being chosen as one of the veterans for an extended interview, Brandon's part will be between three and seven minutes.

The whole thing began when Brandon was contacted by another tribal member by email, suggesting that he tell his story. The email contained a link to the Web site that described the documentary effort.

He wrote a few paragraphs about his experiences with the Veterans Administration and sent them in. A few days later, he got a call from the Veterans Administration, asking that he tell his story before cameras.

"At first, it was supposed to be a 45-minute interview, but then I got a call back a half-hour later. Then it turned into a lot more. They said they wanted an extended interview," Brandon said. "At first, I didn't want to do it. But my friends talked to me and convinced me to do it."

The crew began on Friday, filming Brandon at the Winneshiek homestead off Castle Mound Road east of Black River Falls. Additional

filming was conducted at the American Legion Building and then at the Tribal Office Building. At the TOB, a drum and singing group provided the background for the filming.

Additional filming was conducted at the Veterans Administration Clinic in Chippewa Falls, Western Technical College in Eau Claire, the Eau Claire YMCA, and in Brandon's own apartment.

Then, on Saturday, the filming continued, with the actual interview taking place in Minneapolis.

"It was stressful," Brandon said. "It didn't help that I was tired from working a Medicine Dance for my sister over the weekend. But I did it because I thought that my story could possible help someone."

Brandon was selected because of the VA resources he was able to use, Sedustine said.

"We're interviewing veterans from around the country and then featuring one veteran from each region," she said. "Brandon was our featured veteran from the upper Midwest."



No privacy allowed in the doctor's office, Brandon Winneshiek found out, as the film crews watched his every move while getting his flu shot by Barbara Dachel, RN, at the Veterans Clinic in Chippewa Falls.

A total of 16 local veterans from across the United States will be used for the video.

"The whole campaign is for veterans to share their stories to inspire other veterans to use the services," Sedustine said. "Brandon was able to share who he is and how the VA supported him."

The filming and editing will take a couple months to complete. The Hocak Worak will provide the Web site address to the video as soon as it has been made available.

"It was definitely a lot of work," Brandon said. "But even if I can help one veteran, it was worth it."



Brandon has a conversation with his nani, Sadie Winneshiek, during one segment of filming at the Winneshiek homestead.



Everyone is accounted for at the Winneshiek family homestead on Friday, including Brandon's family and friends on the left side of the photo, filming crew on the right.

# Students visit School Forest

Ken Luchterhand  
Staff Writer

First- and second-grade students from local elementary schools were treated to afternoons in the Black River Falls School Forest on Castle Mound Road, learning about their natural environment.

Different groups came out to the woodland on Monday, Tuesday and Wednesday, October 21-23.

They were taught about the flora and fauna of the woods, taking a nature walk along a wooded foot trail, making leaf impressions on paper, and

learning about predator and prey.

Karen Karash and Gordon Robertson from the Ho-Chunk Nation Department of Natural Resources provided the sessions on predator and prey.

The children were taught the differences between the two animal types, the fact that predators eat the prey, and how to identify them from tanned hides to see and touch. Karash and Robertson provided hides from deer, skunk, fox, wolf and bear, just to name a few.

Following their instructional session, the children played a predator and prey game. The children designated as rabbits, which are prey, needed to either hold three vegetables, or remain in a burrow to remain safe. Meanwhile, two students who were foxes roamed the area and tagged the rabbits that were not safe, and sent them to "bunny heaven."



Two first graders put on their fox masks to play the Predator and Prey game on Tuesday, under the direction of Karen Karash of the Ho-Chunk Nation Department of Natural resources.



Gordon Robertson of the Ho-Chunk Nation DNR holds a wolf hide for children to touch. They were also able to touch hides from deer, skunk, otter, bear and fox.



# Labor Department undergoing a new facelift

Ken Luchterhand  
Staff Writer

Construction crews are making way for a new way of life for the Labor Department staff.

Old walls have been torn down and new ones are being constructed.

The Labor staff moved out of their office on Monday, Sept. 23, and hopes to begin moving in to all newly remodeled surroundings on Nov. 1.

Before it all began, about 3 to 4 weeks before the move-out, the staff began to form a

consensus on what the floor plan might look like.

"We looked to improve the ability to help out the clients," said Nicholas Kedrowski, Ho-Chunk Nation TERO/477 Director. "We especially wanted to improve the efficiency with the client intake process."

Some of the improvements will help with productivity and confidentiality. For instance, instead of cubicles throughout, several individual offices were made by building a complete wall along the southern side of the department.

ment.

With individual offices, the Labor Department officers won't have to lock away their documents when they leave their desk or at the end of every day, as they do now. Instead, their individual office doors can be locked whenever they leave.

"It's cheaper to build a wall than to construct cubicles, plus we get more offices," Kedrowski said.

New carpet will be placed on the last week of October, and then the furniture will be moved back in. Plans are to have everything set to go at the end of the week.

The change will affect the Transportation Department as well. With the renovations, that department will be moving to the former Education Department conference room, just inside the doorway. However, an entrance to that room will be made from the atrium, so that it will have its own doorway.

To compensate for that loss of space to the Education Department, which has been used as storage, a new store-room is being constructed



**Nicholas Kedrowski stands in the midst of the construction project, eager to get back into his newly-remodeled office.**



**Most of the work in renovating the Labor Department offices is being completed by the Ho-Chunk Nation Maintenance crew. Betty Krause (right) tapes some drywall above an office doorway.**



in the corner of the Labor Department. That room will again be used for storage.

A new front counter and reception area are being planned, which will make it more convenient for visitors and clients.

The construction could have been finished in a very short time, if the Nation had used a contracted construction company. But instead, they

are using the Nation's own workers, including four of the Labor Department's own clients, two men working for two weeks and then switching to the other two men.

"It helps them with finding a job after this is done," Kedrowski said. "That way we can provide them with on-the-job training and be able to verify their work to potential employers."

## HCG-WD gets a facelift with new exterior lighting

Sherman Funmaker  
Staff Writer

It's taken a while but the end result is something that was worth the wait. Working with Lighting Matters, an award winning lighting design

firm from Minnesota and a local Wisconsin sign company Poblocki, the newly installed lighting signs and wall wash lights now adorn the exterior of the Ho-Chunk gaming facility in Baraboo.

It had been in the planning stage for a while but by November of this year the project will be fully in place and in working order.

On the highest point of the casino building near the hotel front entrance there will be a circular structure that will be lit up and when fully installed, will be able to project to flash flames, scroll script and images that can be seen by the new Highway 12 bypass and is designed to get people's attention while they are driving by.

Two weeks ago there were wall wash lights that were installed and those lights will highlight each and every outside pillar of the casino exterior.

"The beautiful thing about this project is that it is all

LED lighting. The casino is pulling way less energy than we ever had in the past. Before we had a lot of neon lighting on the building and those neon's are pretty costly per foot, but with these new lights we will be able to save us quite a bit of money. We are going to have our building lit up and people will really appreciate the new look. We needed something that would make it 'pop' and this new lighting will do just that." Scott Murkve, the casino's facility director said as he walked around the casino showing the new lighting schemes.

"Another thing that is going to be installed is in the appliqué design that surrounds the outside wall of the building. There are 136 lights that are going to be going up in that appliqué design. They will have the ability to change color and when this all gets tied together there will be these little programmable



**Night shot of wall wash lights at the entrance of Ho-Chunk Gaming-Wisconsin Dells.**

lights that when programmed from the inside of the building they will have the ability to flash different designs and add to the buildings look and beauty that we want to project to our customers and to the public. To really appreciate this you have to drive by here at night. It is so nice and adds to the look of the building. We need to be the best inside and out and to look our very best." Murkve added.

Murkve comes to HCG-WD from HCG-Madison and has been at his present position for 1 year.

There are also some directional signs that are located in the parking lot that are being replaced and updated.

All of these improvements are a welcome sight and will only add to the casino's exterior appeal.



**Exciting new hotel signs will be up and running in November.**

## Benefit Concert to support Unmet Needs Program

Submitted by Tris Harris  
Senior Manager-Public Relations, HC-Gaming

On Pearl Harbor Day, Saturday December 7, country music stars Blackhawk and Jared Blake, will perform live at Ho-Chunk Gaming Black River Falls for a Benefit Concert in support of the Unmet Needs Program. \$5 from every ticket sold will be donated to the nonprofit organization that provides financial support to local families of deployed soldiers.

This VFW (Veterans of Foreign Wars) program gives immediate financial help to local families of deployed military service members that find themselves struggling finan-

cially while their loved one are away. The program offers acute assistance up to \$2,500 that is often used to cover car payments, electric bills or vehicle and home repairs. With the latest Government Shutdown, Unmet Needs was even there to provide death benefits to the families of fallen soldiers. Tris Harris, Senior Public Relations Manager at Ho-Chunk Gaming Black River Falls explains that "Ultimately, the Unmet Needs Program strives to give our soldiers a piece of mind. It means a lot to them that their loved ones have somewhere to turn if they need some help."

Ho-Chunk Gaming Black River Falls, an active sup-

porter of Unmet Needs, has helped the Black River Falls' Burger King location raise thousands in funds during their annual charity drive. "For the past four years, we've matched funds collected at our local Burger King. We plan to do the same this year, but will grow the pot even further by adding \$5 from every ticket sold to our Blackhawk Concert on December 7th. It's a fun way to raise money for a great cause."

Advance tickets for the Blackhawk Benefit Concert are \$25 and can be purchased in person at Ho-Chunk Gaming Black River Falls or over the phone by calling



1-800-657-4621 ext #4019. "From multi-platinum-selling Blackhawk to the up and coming Jared Blake, the concert will be a blast," says Harris, "Knowing that you are helping out our soldiers at the same time makes it even better."

For information about the Unmet Needs Program go online to [www.unmetneeds.org](http://www.unmetneeds.org). Details surrounding the concert can be found at [www.ho-chungaming.com/black-riverfalls](http://www.ho-chungaming.com/black-riverfalls).



# Badger Honor Flight

Continued from Page 1

ground or a nearby bench to eat lunch.

The World War II Memorial was the next visit. There was an overwhelming welcome for the veterans. They received a rock star's welcome. The University of Wisconsin Alumni Association organized those who lived in Washington D.C. a chance to come visit the Badger Honor Flight veterans for the afternoon.

The World War II Memorial consists of pillars with the names of all 50 states and U.S. territories, with two sections. One half is on the Pacific side, and the other is the Atlantic side. Wisconsin is located on the Atlantic side, next to the Atlantic pillar. There's a fountain in the middle of a plaza area.

The final stop of the day featured three memorials: the Lincoln Memorial, Vietnam War Memorial, and the Korean War Memorial. The Reflecting Pool was central to each memorial.

The Lincoln Memorial features a large seated statue of Abraham Lincoln, the 16th U.S. President. The temple like structure also features 36 pillars and the names of the U.S. states at the time of Lincoln's presidency. The memorial is the site of Martin Luther King's famous I have a dream speech.

The Vietnam War Memorial is three pieces, with the name piece a wall with the names of those who served in Vietnam that were Killed in Action or Missing in Action. The names are either next to a cross or a diamond; the cross signifies MIA, while the diamond signifies KIA.

The memorial also features bronze statue of three soldiers and the Vietnam Women's Memorial, which has three uniformed women with a wounded soldier.

The Korean War Memorial features triangular area with a squad of 19 stainless steel statue of each branch of the military on patrol. The triangular area intersects a circular Pool of Remembrance. On the southern side of the triangular area is a black granite

wall with images of servicemen sandblasted into it.

The Badger Honor Flight hopes to serve more Korean War veterans in the next couple of years. They would also like to get more of Wisconsin's tribal veterans to take the flight.

Now, the group made its way back to the Reagan National Airport. Once again, the veterans were greeted by a welcoming crew. This time there was a band with ladies dressed in war era type clothing. The veterans were quick to get dancing. It was another festive time.

But the real welcome crew was at the Dane County Regional Airport. There were thousands of family, friends, and military organizations on hand to welcome home the veterans. There were three different music groups, two main color guard details, and thousands of well wishers. A lot of the words of thanks included the statement, "you deserve it!"

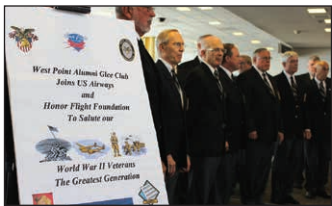
The Ho-Chunk Nation's donation to the Badger Honor Flight had a strong and big impact on Wisconsin war veterans. When the planes and buses unloaded, there was a sea of people dressed in red and blue wearing the Great Seal of the Ho-Chunk Nation flowing around the nation's war memorials.

Ho-Chunk Nation President Jon Greendeer said, "Of all the things we donated money to, this is the most worthwhile donation." Badger Honor Flight Board of Directors President Brian Ziegler said, "The guys love their jackets. I went to a Madison Mallards game and saw a few jackets in the middle of summer. So there's a lot of exposure in the Madison area."

The emotions felt by the veterans throughout the day of visiting their war memorials gave them a sense of pride, honor, accomplishment, and gratitude. They said thank you to the Ho-Chunk Nation for what they made happen for them. One veteran enjoyed himself so much he said, "We don't want this day to end."



The 85 veterans of the October 19, 2013 Badger Honor Flight receive a send off ceremony.



Badger Honor Flight veterans arrive at Reagan National Airport with a hero's welcome.



Ken McAndrew, Ho-Chunk tribal member and Marine Corps veteran, in front of the Badger Honor Flight convoy of buses, which toured the city with a police escort.

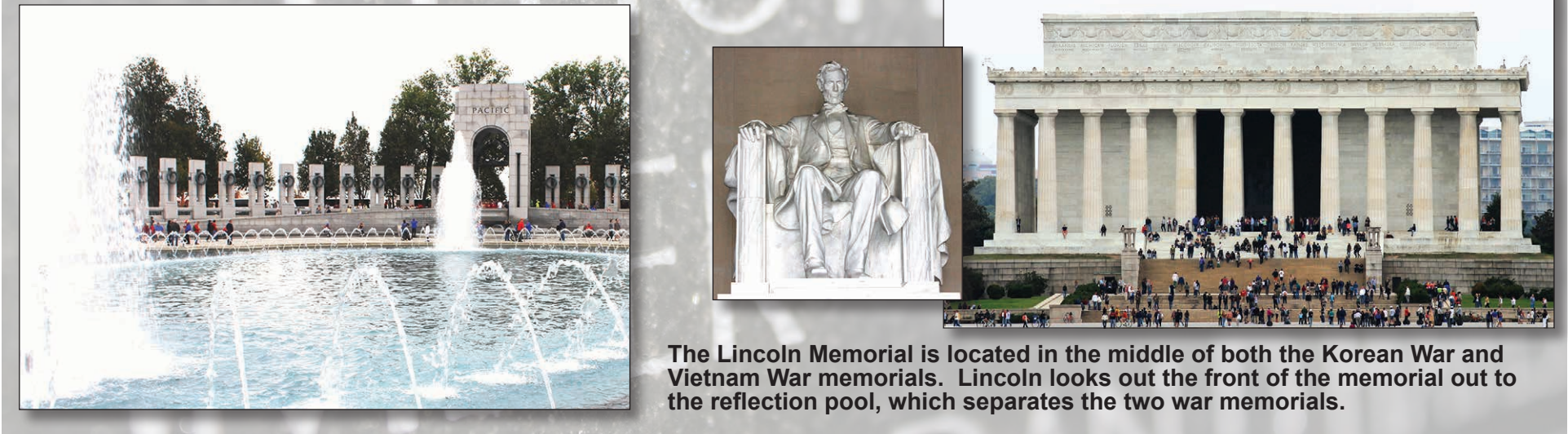


Arlington National Cemetery, Tomb of the Unknown Soldier, and the Changing of the Guard were the first stop of the day.



Group photos were taken at the Marines Corps memorial. The 85 veterans of Badger Honor Flight, the Ho-Chunk Nation participants, and three Ho-Chunk Marine Corps veterans.





The Welcome Home ceremony of the Badger Honor Flight was their largest to date. Veterans were greeted by family and friends. Bucky Badger helped welcome home the veterans.





# Lake Mills man seeks help from Ho-Chunk Clan Leaders to preserve ancient site

Ken Luchterhand  
Staff Writer

The adventurer in all of us dreams about someday stumbling upon a lost ancient city. Whether it would be in the jungle or underwater, like the legendary lost city of Atlantis, the thoughts of donning an Indiana Jones hat or scuba gear, and exploring the ancient structures have most people intrigued.

That possibility is a reality for a Lake Mills man, who believes he has studied such an ancient underwater civilization in Rock Lake, just 18 miles east of Madison.

He believes the settlement may have been made by Ho-Chunk ancestors.

The man, Steve Balding, along with fellow researcher Judy Gerstner, spoke to members of the Ho-Chunk Traditional Court on Monday, October 14, about their studies of the ancient artifacts on the bottom of Rock Lake.

Balding is manager of dairy and frozen foods at a Mills Lake supermarket and Gerstner is a psychiatric technician in an area hospital. All costs involved in their research have been from their own pockets.

Balding told that his interest began when, in the summer of 2002, he was searching for the sail of an iceboat that had gone through the ice during the winter. The man operating the ice boat had drowned and the sail went to the bottom of the lake.

Balding and his son, Rob, along with another man, Ryan Vogel, began searching for the sail. They were part of a Water Search and Rescue Team, had acquired a boat and all the necessary equipment to look for people who had drown in the lake

For this mission, they used an underwater towing system and GPS.

“Things did not work out as I planned,” Balding said, indicating that the search method had failed. “My son and I decided to dive where we were to see if we could find it.”

They put on their scuba gear and descended into the water at approximately the location where the sail was thought to be lost.

“To my surprise, 18 feet later, we began to slide down the wall of an Indian burial site,” he said. “On the top of the site were thousands of clam shells facing up, as if the sun would reflect upon them and shine back to heaven.”

They found what they believed to be a nine-foot circular campfire site, with a depth of four feet, on the top of what they thought to be a burial site.

Since that time, Balding and some helpers have been attempting to find

out exactly what is on the floor of the lake. They have been conducting research on the area using “side imaging,” technology that was used while searching the remains of the Titanic. It can detect structures through the buildup of mud and muck that have take years, if not decades or centuries, to accumulate.

“The imagery is so detailed, you can see an earring on the bottom of the lake floor,” he said.

For three and a half years, Balding mapped the lake floor of Rock Lake. By recording the sonar “Side imaging,” in sections, he can print out the detailed images to show others, plus piece together to get a bigger picture of what is at the bottom.

“I found, what I believe, are burial sites,” he said to the Traditional Court members. Balding believes the sites were built somewhere from 8,000 to 1,580 B.C., although he has no scientific evidence to prove that. He said that he has identified at least 118 different burial sites, he said.

Also, he has found what he believes are effigy mounds of birds, snakes and deer. The effigies range in length of 300 feet to 1,000 feet and are approximately 80 feet wide.

He also has identified intaglios, which are depressions in the ground that usually can’t be discerned until water or snow fills the depressions. When that happens, images of animals or other creatures can be identified.

Balding believes he has seen what looks like dinosaur images, which may give credence that man may have lived when dinosaurs roamed the earth.

Actual photographs of the pyramids and other structures are difficult to acquire because the water is usually so dirty and turbid. On occasion, people have been able to capture images on film when droughts occur and the water clears.

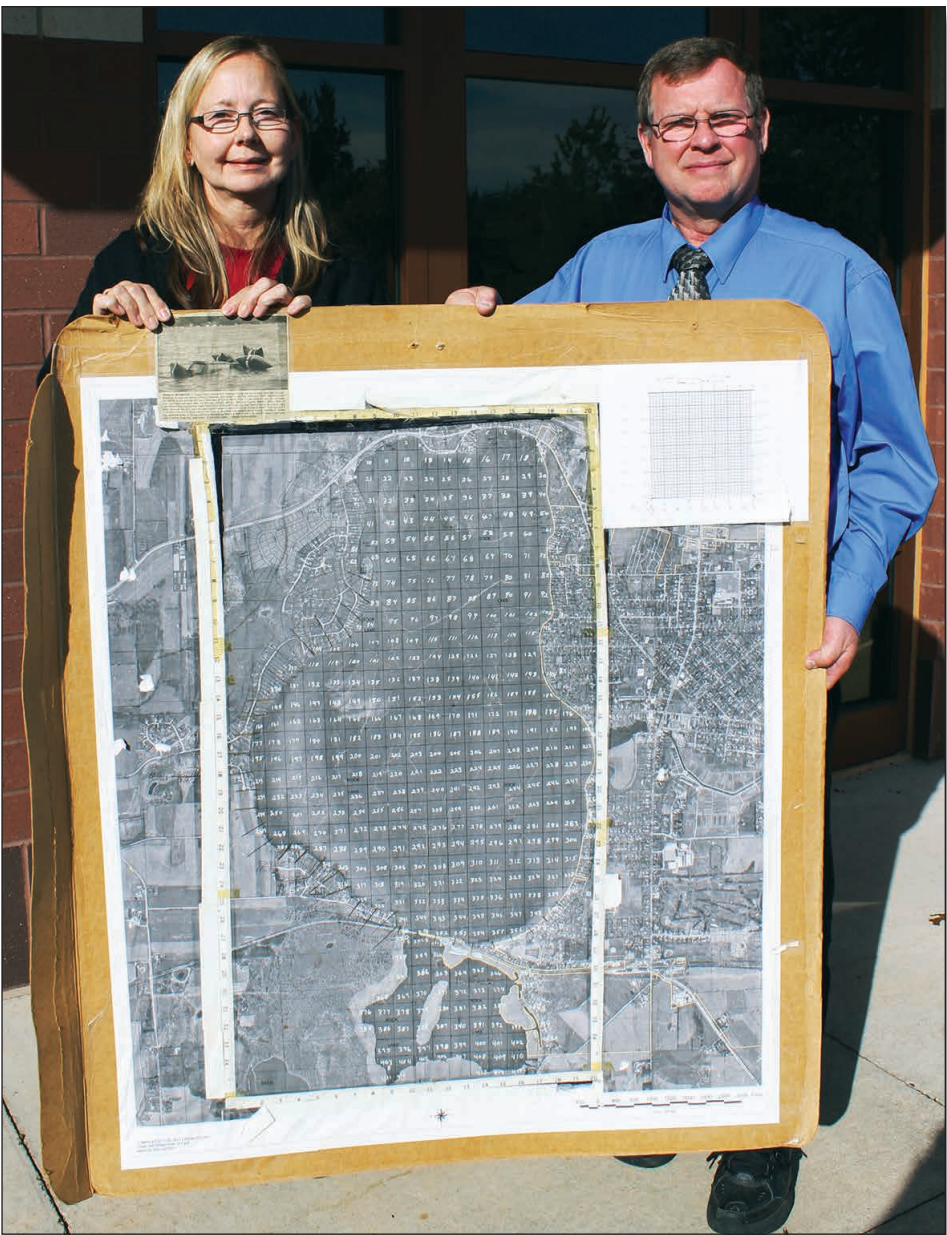
In 1976, a group of archeologists questioned why there are no glacier stones from around the area, Balding said.

“It’s pretty obvious – they were used to build these structures,” he said.

Balding has approximately 600 sight imaging photographs of the language and burial sites.

He has sent film of his findings to archeologists, but, so far, he has had no response.

From the images from the top, he can see corridors to the burial sites with two heads at the entrances, which he considers “guardians.” Other images are present, Balding said, some of which appear to be in the shapes of



Co-researchers Judy Gerstner and Steve Balding display a grid map of Rock Lake, which they use to directly correspond with the side imagery prints they have produced of the man-made structures at the bottom of the lake.

dinosaurs, he said. Another image is of a snake.

“This may rewrite history about ancient people, the customs and what they saw,” he said.

After all the images were taken and processed, the prints – more than 200 - of entire lake floor were laid out on a church basement floor.

To verify the integrity of his images, Balding contacted the man who designed the technology he used to map the lake floor.

“He said he would stand with me. Absolutely yes,” he said.

Recently, producers from the History Channel came to Rock Lake to film and develop a story about the underwater structures. They wanted to use

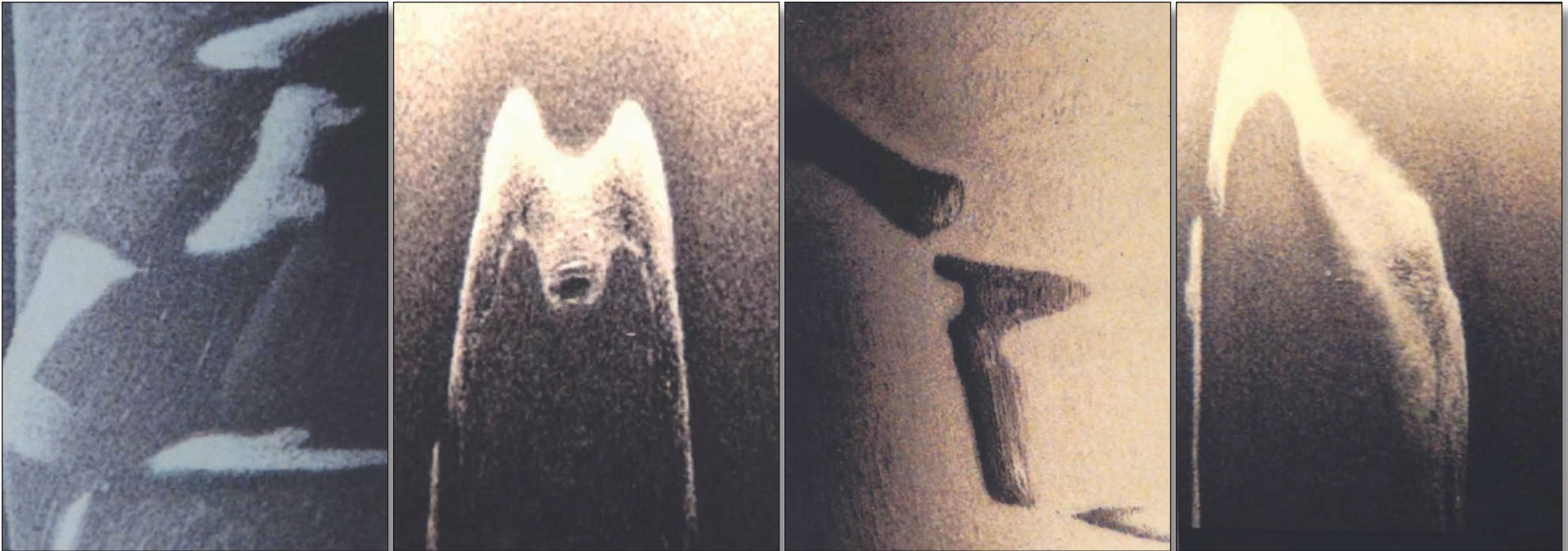
much of the information developed by Balding, but he was unwilling to release all the information to them.

“I spent many years getting this information and funded this all on my own,” he said. “They wanted me just to give all my work to them.”

Also, he disagreed with their assertion that the Aztecs has something to do with structures. Balding believes there are several factors which make Rock Lake unique and worth investigating, he said. In 1935, the lake didn’t freeze during the winter, which he attributes to geothermal activity.

Balding has a theory there may be something called ethno genesis in-

Continued on next page



Side imagining results of Rock Lake show very unique shapes and structures. Those shapes are what have researcher Steve Balding believing that they are from an ancient civilization of Ho-Chunk people.





**Traditional Court member Tom Hopinkah talks with Steve Balding about research methods and archeologists in the state who might be able to help with the specifics of Rock Lake and its underwater mysteries.**

volved because much of the hieroglyphics are the same of the ancestors in Iraq and Iran.

Also, there are some images of multi-headed creatures, which are only seen in the Nazca Desert in southern Peru, he said. The images, known as Nazca Lines, are outlines of various animals which can only be discerned from above. The creatures are facing heavenward, not horizontal like those in other ancient civilizations.

“I believe these people may have worked together with your ancestors to build the structures,” Balding said.

Hundreds, maybe thousands, of years ago, there wasn’t the lake that there is today. Water did exist, but it didn’t cover the area it does today and it wasn’t as deep, he said.

Convincing people that the structures are ancient and man-made has been difficult, Balding said. State Archaeologist John Broihahn replied to Balding in a letter that he

is certain the structures are man-made, but he refuses to believe they are ancient. Former State Archaeologist Bob Birmingham doubted the presence of pyramids in the lake until he saw a photo of a pyramid exposed due to low water conditions during a drought.

Several books have been written which describe the presence of structures at the bottom of the lake.

One of them, “The Lost Pyramids of Rock Lake” by Frank Joseph, it states that beneath the surface of Rock Lake lay at least 10 structures. Two of these have been mapped and photographed by skin divers and sonar.

The first structure, which has been named the Limnatis Pyramid, has a base width of 60 feet, a length of about 100 feet, and a height of 18 feet, but only about 10 feet protrudes from the silt and mud. It is a truncated pyramid, built largely out of round, black stones. On the truncated top,

the stones are square. The remains of a plaster coating can be found, Joseph writes.

Three miles away, at the Native American site of Aztalan, there are two truncated, earthen pyramids, partially surrounded by a tall stockade, which was originally plastered. Aztalan seems to have been occupied as late as the Fourteenth Century, according to Joseph.

Another book, “The Dragon in the Lake” by Archie Eschborn, tells about the connection of the ancient Wisconsin civilizations with pyramid builders in ancient Mexico. Eschborn spent five years investigating the stone structures at the bottom of Rock Lake.

In ancient folklore, Sauk Native Americans have always talked about a sacred site close by a lake, although the Sauk did not construct the structures. According to legend, they were constructed by ancient people who were driven away when the lake flooded.

The pyramid legends were revived in the mid-1930s

when a combination of low water and clear dry summers allowed viewing of a number of subsurface geometric forms, including pyramids, cones, walls and trenches.

Max Knoll, using his own form of scuba gear, dove into the lake and viewed many of the structures. His stories of man-made underwater structures, however, the stories were ridiculed.

Interest in the underwater structures resurfaced in the 1960s when the observations of scuba divers were published. A major effort was undertaken in the 1980s when side-scan sonar studies were conducted of the lake floor, showing a number of man-made structures, along with various symbols which Balding believes are forms of writing or messaging.

Unusually clean water conditions in 1991-92 allowed two of the sites to be photographed in sufficient detail to prove their existence as man-made structures. To date, none of the structures has been dated or their builders identified.

“Our goal is always to

preserve and to protect these ancient sites. May our efforts show the love and respect for your ancestors,” Balding said.

He is asking the Ho-Chunk Nation to help him in his effort to protect the site.

“It is our hope that we can work together to preserve it.”

Members of Traditional Court are divided on whether they believe that the settlement may be ancient Ho-Chunk or if they want to preserve the site, said Traditional Court member Wayne Falcon.

“At this point, there is no proof,” Falcon said. “We would like to take bone fragments and have DNA testing done to prove they are Ho-Chunk people.”

Before they make an effort to preserve the site, they need to know exactly what kind of site they are dealing with, he said.

“If he does come back, we’ll definitely have more questions for him,” Falcon said.

SUMMONS

(First Publication)

IN THE HO-CHUNK NATION TRIAL COURT

Midland Funding LLC. By its Servicing Agent Midland Credit Management Inc.,  
Petitioner, v. Clarice Jackson, Respondent.

Case : CG 13-113

TO THE ABOVE-NAMED RESPONDENT: Clarice Jackson

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register & Enforce a Foreign Judgment or Order* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. See RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record. Failure to file a timely *Answer* in the time allowed *can affect your right to object to the enforcement of the foreign judgment or order*. *Id.*, § 2.6c.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS

(Second Publication)

IN THE HO-CHUNK NATION TRIAL COURT

Ho-Chunk Nation and HCN Housing & Community Development Agency, Plaintiff(s), v. Melody White Eagle-Fintak, Defendant(s).

Case : CV 12-79

TO THE ABOVE-NAMED DEFENDANT(S): Melody White Eagle-Fintak

You are hereby informed that you have been named a defendant in the above-entitled civil lawsuit. This legal notice of the *Complaint* is now served upon you by publication. Your written *Answer* to the *Complaint* must be filed with the Court on or before the twentieth day from the date of the published issuance of this *Summons* in . See *Ho-Chunk Nation Rules of Civil Procedure*, Rules 5(C)(1)(f), 6(A). Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record and provide the Court with a *Certificate of Service*. Failure to file a timely *Answer* in the time allowed *can result in a default judgment being entered against you*. *Id.*, Rule 54.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS

(First Publication)

IN THE HO-CHUNK NATION TRIAL COURT

State of Wisconsin, Laura Goetkza, Petitioner, v. Tasha M. King, Respondent.

Case : CS 13-38

TO THE ABOVE-NAMED RESPONDENT: Tasha M. King

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register & Enforce a Foreign Judgment or Order* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. See RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record. Failure to file a timely *Answer* in the time allowed *can affect your right to object to the enforcement of the foreign judgment or order*. *Id.*, § 2.6c.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS

(First Publication)

IN THE HO-CHUNK NATION TRIAL COURT

Black River Memorial Hospital, Petitioner, v. Luis & Melissa Olvera Marquez, Respondent.

Case : CG 13-115

TO THE ABOVE-NAMED RESPONDENT: Luis & Melissa Olvera Marquez

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register & Enforce a Foreign Judgment or Order* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. See RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record. Failure to file a timely *Answer* in the time allowed *can affect your right to object to the enforcement of the foreign judgment or order*. *Id.*, § 2.6c.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.

SUMMONS

(First Publication)

IN THE HO-CHUNK NATION TRIAL COURT

Sauk County Clerk of Courts, Petitioner, v. Orvilla R. WhiteEagle, Respondent.

Case : CG 13-98

TO THE ABOVE-NAMED RESPONDENT: Orvilla R. WhiteEagle

You are hereby informed that you have been named a respondent in the above-entitled civil lawsuit. This legal notice of the *Petition to Register & Enforce a Foreign Judgment or Order* is now served upon you by publication. Your written *Answer* to the *Petition* must be filed with the Court on or before the twentieth day from the date of the second published issuance of this *Summons*. You may request a hearing within your written response. See RECOGNITION OF FOREIGN CHILD SUPPORT ORDERS ORDINANCE, 4 HCC § 2.5. Also, you must send or present a copy of your *Answer* to the opposing party listed above or to their attorney of record. Failure to file a timely *Answer* in the time allowed *can affect your right to object to the enforcement of the foreign judgment or order*. *Id.*, § 2.6c.

The Trial Court is physically located at Wa Ehi Hocira, W9598 Highway 54 East, Black River Falls, (Jackson County) Wisconsin. The Trial Court’s mailing address is P. O. Box 70, Black River Falls, WI 54615. The telephone number is (715) 284-2722, or toll free 800-434-4070, and the facsimile number is (715) 284-3136.







# SEEKING A CAREER IN NURSING?

## WHY WAIT!



The **College of Menominee Nation** invites you to make your first step toward a nursing career today with a call or email inquiry.

Ask about special opportunities, financial aid and the Health Profession Opportunities Grant (HPOG) available at CMN for low-income, unemployed and under-employed applicants.

Begin your journey on the Nursing Career Ladder with studies at the **Nursing Assistant** or **Practical Nurse** level that will prepare you for CNA or LPN credentials.

When you're ready to advance, check out the College of Menominee Nation's **Associate of Applied Science Degree in Nursing**.

For more information, call **1-800-567-2344, ext. 3207**, or email **[bwill@menominee.edu](mailto:bwill@menominee.edu)**

*Special opportunities at CMN supported by a grant from the Administration for Children and Families, U.S. Department of Health & Human Services (HHS).*



NATIONAL

SUICIDE

PREVENTION

LIFELINE

1-800-273-TALK (8255)

suicidepreventionlifeline.org

Do me a favor...

# Stay.



WOMEN

Mind  
Body  
Spirit

October we will be continuing our sewing projects.

Learning to Set Goals  
Learning to Sew

Sew Easy to Learn

Women from all areas are welcome to attend

Join us Tuesday

We will continue working with you on your sewing project each month until you're able to complete it, either on your own or in class.

All materials will be supplied

Some sewing machines will be available during class

TOPIC: Goal Setting

ACTIVITY: Making Dress Pattern

WHEN: Tuesday 11/8/2013

WHERE: HCN Community Center  
Chakh Ha Chee Lane  
Nekoosa, WI 54457

TIME: 5 P.M. - 7 P.M. (open ended)

CONTACT: Melanie White  
(715) 851 - 1967

KEEP CALM AND SEW ON

Sponsored by the Domestic Abuse Division  
HCN Department of Social Services  
808 Red Iron Road  
Black River Falls, WI 54615  
(715) 284-2622

Domestic Abuse Hotline: (877) 847-8689

WOMEN'S TALKING CIRCLE

October

Topic: Setting Goals, Following Through with Goals

Activity: Begin Sewing Project

All supplies will be provided for, for the first 12 women

ALL WOMEN ARE WELCOME TO JOIN OUR MONTHLY WOMEN'S TALKING CIRCLE

TIME: 6-7 P.M.

WHEN: Tuesday, October 29, 2013

WHERE: N7240 US Hwy. 45  
Wittenberg, WI

CONTACT: 715-851-1812  
715-793-4863  
Jan Red Cloud

Meeting on the last Tuesday each month


(Topics subject to change should speakers be unavailable)

Strength in Unity

Sponsored by: the Ho-Chunk Nation Department of Social Services  
Domestic Violence Program

THE GREAT SEAL OF THE HO-CHUNK NATION

November 2013 Women's Talking Circle Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Ladies Talking Circle Nekoosa Chakh-Ha-Chee Lane 5-6 P.M.  BRF(rescheduled date) Social Serv. Bldg. 5-6 P.M.	6	7	8	9
10	11 Veterans' Day	12	13	14	15	16
17	18	19	20	21	22	23 L.I.F.E. Baraboo House of Wellness 5-6 P.M. (tentative)
24	25	26 Ladies Talking Circle Wittenberg Community Office 5-6 P.M.	27	28 Happy Thanksgiving Thanksgiving Day	29  Ho-Chunk Day	30

Contacts:

BRF: Hera Lonetree-Rindahl (715) 284-9851 ext.5012

Baraboo: Stephanie WhiteEagle (608) 355-1240 ext. 5568

Wittenberg: Jan Red Cloud (715) 793-4863


Nekoosa: Melanie White (715) 851-1967

Sponsored by the Domestic Abuse Division  
HCN Department of Social Services  
808 Red Iron Road  
Black River Falls, WI 54615  
(715) 284-2622

Domestic Abuse Hotline: (877) 847-8689

Each month these groups will discuss different issues and work to develop their own strength through a variety of activities.






# L.I.F.E.

(Live In Freedom Everyday)

Join us monthly  
for wide variety of  
activities and discussions on a  
topics concerning women.

Meetings to be held the last Saturday of the month  
unless otherwise stated.



**Where:** House of Wellness  
Behavioral Health Conference Room


**When:** Saturday, October 26, 2013


**Time:** 10:00 a.m. — 2:00 P.M.

**Contact:** Stephanie WhiteEagle  
(608) 355-1240 ext. 5568


**TOPIC:** BRAVERY

**Activity:** Haunted House (Ghost Outpost)





Sponsored by: Domestic Abuse Division of Social Services  
**CRISIS HOTLINE: (877) 847-8689**



*I believe in the person I want to become.*



**HAPPY 5TH BIRTHDAY!!**

**Marshall Kingston Standstraight**  
Born October 24, 2008

*We Love You Handsome!!*

Mom, Dad, Keegan, Skye Rose, Grayson, Kenai, Landon, Steven, Cale, Arah and New Baby Girl and New Baby Boy on the way!!!

## Pini gi gi

The family of Catherine Pettibone Smoke extends heartfelt thanks to everyone who shared their concern, support and sympathy during her illness and death. Special thanks to the BRF Hospice, Dr. Kitowski, and her at home staff for their compassionate care and comfort to Catherine and her family. The kindness of the pallbearers and professional service of Buswell Funeral Home was consoling and appreciated. Thank you to everyone for the visits, prayers, flowers sent, the meals prepared. Special thank you to Roberta Mann Decorah and The Mann Family for the beautiful, traditional services and the care of our mother. Her love remains forever, faithful and strong.

**Phyllis Smoke & Family**

**WOMEN**

Mind  
Body  
Spirit

## Black River Falls Women's Talking Circle

A comfortable place to explore new ideas and perspectives.

### November 5, 2013

**ACTIVITY:** Continuing Project - Sewing / Shawl Making

**TOPIC:** Setting and Reaching Goals

**All supplies and materials will be provided**

We will continue with this project each month until complete



*All women are welcome.*

**WHEN:** Tuesday, November 5th  
**TIME:** 5 P.M. - 7 P.M.  
**WHERE:** Tribal Office Building  
W 9812 Airport Road  
Black River Falls, WI  
**CONTACT:** Hera Lonetree-Rindahl/Facilitator  
(715) 284-9851 ext. 5012

*This group meets monthly on the third Tuesday of each month. Subject to change due to scheduling conflicts.*

## Take control of your life.



Sponsored by the Domestic Abuse Division  
HCN Department of Social Services  
808 Red Iron Road  
Black River Falls, WI 54615  
(715) 284-2622  
**Domestic Abuse Hotline: (877) 847-8689**



### HHCDA Special Notice Furnace Problems and Utility Shut Off Notices for HHCDA Tenant

Dear HHCDA Tenants:

It is that time of year where the nights get colder and we start to turn on the heat for the first time. It is very important for you to call us if there is an issue with your furnace as soon as possible. Sometimes we don't find out for a while if a furnace hasn't been used for months if there is a problem. If so call Romona Manning in our Maintenance Department to have someone come out and check your furnace. 1-800-236-2260.

It is the tenants' responsibility to maintain all utilities in the unit, which includes electricity and natural gas. We have heard that many people had their natural gas cut off in the spring and hoped to catch up on the bill over the summer. HHCDA is responsible for protecting its units from harm so it will be available not only now, but on into the future for other future Tribal members. Therefore, HHCDA may be sending you a lease violation or termination if you don't correct a utility shut-off notice before it gets freezing outside. Though we are in the fall still, winter is just around the corner and HHCDA must act before there is a threat of frozen pipes which cost thousands to replace and repair.

If you are short on the ability to pay, we understand that with the Federal Government shutdown there aren't people available to process Low Income Heating and Energy Assistance Program [LIHEAP] payments from the Federal government to the counties, which then help some of our neediest tenants. Please stay in touch with your county programs so that they might be able to assist once the shutdown is over.

Management





ENTER TO WIN ON HALLOWEEN

WIN \$1,000 CASH

OCT. 31 | DRAWING 8PM

MUMMY MONEY | ENTER 8AM-8PM | OCT. 31

Be one of five to win \$1,000 during the Mummy Money Giveaway this Halloween at 8pm.  
Register starting at 8am for your chance to win.

HALLOWEEN BINGO SPECIALS | OCT. 31

COSTUME CONTEST | TOP FIVE WIN CASH PRIZES FROM \$100 TO \$500

Must be playing Bingo with a valid entry pack to participate in the costume contest.

GO FOR THE GOLD | DOUBLE BINGO PAYOUT \$800

Opt for the gold entry pack on Halloween night for the chance to win \$800 on all Double Bingo Games.

SPOOKY SPECIAL PROGRESSIVE JACKPOT | WINNER TAKES ALL ON HALLOWEEN

It is the final night for the Spooky Special Jackpot. Play for the chance to win thousands in cash.

HO-CHUNK GAMING  
BLACK RIVER FALLS

WWW.HO-CHUNKGAMING.COM/BLACKRIVERFALLS  
W9010 HWY 54 EAST BLACK RIVER FALLS, WI 54615 | 800-657-4621

MUST BE 21 OR OLDER TO ATTEND EVENTS. HO-CHUNK GAMING  
RESERVES THE RIGHT TO CANCEL OR ALTER PROMOTIONS/EVENTS AT ANY TIME.

BLACK RIVER FALLS | MADISON | NEKOOSA | TOMAH | WISCONSIN DELLS | WITTENBERG